

### Themes

All About Me  
Fasten Up

### Shapes and Colors



### Numbers

1, 2, 3

### Letters

Aa, Bb, Cc

### Alphabet Words

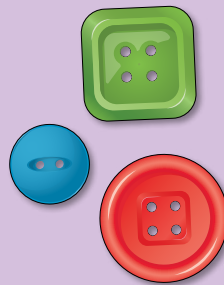
accordion, ambulance,  
anchor, anteater,  
bee, box,  
bricks, bulb,  
car, cave,  
celery, cup

### Sign Language



### Theme Descriptions

**All About Me:** We all know that character counts! In this theme, the children will learn how to be people others can count on. Activities in this theme emphasize self-awareness and social responsibility. Children will have the opportunity to experience the goodness that comes from listening to others and helping people!



**Fasten Up:** As autumn settles in, cool-weather clothing is a must. This theme highlights fine motor development with activities that focus on zipping, snapping, buckling, and buttoning! Whether children are zipping up jackets or learning to tie their shoes, this theme is sure to be *fasten-nating!*

### Activities for Home

- Reinforce the color red with some of the foods you eat. Ask your child to help you find red foods at the grocery store and add them to your meals. Try cherries, strawberries, watermelon, apples, red peppers, and tomatoes.
- Stress being a person of good character by reading a story with your child and talking about what good and bad traits the characters possess. Look in newspapers and magazines with your child and find articles about people who have performed good deeds. Talk to your child about historical figures with good character and the contributions they made to our country and the world.
- Encourage your child to dress and undress himself. Spend time showing him how to zip, tie, button, and snap. Then, provide positive reinforcement for your child as he learns to manipulate and manage his own clothing.

## Look for Books

The best way to learn which books your child enjoys is to read children's books—lots of them! Check out [funshineextras.com](http://www.funshineextras.com) for Book Lists corresponding to each month's themes. Get to know your local librarians and ask for their recommendations as well.

**From My Window**  
by Otavio Junior

**Saturday**  
by Oge Mora

**Round**  
by Joyce Sidman

**Me and My Family Tree**  
by Joan Sweeney

**Autumblings**  
by Douglas Florian

**A Pair of Socks**  
by Stuart J. Murphy

**The Apple Pie That Papa Baked**  
by Lauren Thompson

**Naked Mole Rat Gets Dressed**  
by Mo Willems

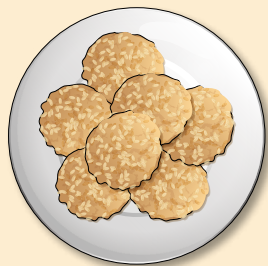
## Cooking Together

*When cooking with young children, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.*

### No-Bake Cookies

- 1¾ cups sugar
- ½ cup cocoa
- 1 stick margarine
- ½ cup milk
- ½ tsp. salt
- 1 tsp. vanilla
- ½ cup peanut/other nut butter
- 3 cups oatmeal

Simmer the first five ingredients together until well blended and smooth. Remove from heat. Add vanilla, peanut butter, and oatmeal. Mix well. Drop by spoonfuls onto wax paper. Let cool before eating.



## Sing Along with Me

Find these songs at [www.funshineexpress.com](http://www.funshineexpress.com)

### Welcome Friends

Sung to "Pawpaw Patch"

Welcome, welcome, welcome friends!  
Welcome, welcome, welcome friends!  
Welcome, welcome, welcome friends!  
Glad you are here today!

Say hello to my friends now,  
Say hello to my friends now,  
Say hello to my friends now,  
Glad you are here today!



### My Fastener

Sung to "Ring Around the Rosie"

I have (a button),  
(A button), (a button).  
I have (a button),  
On my (shirt).

Repeat with:  
a zipper...coat  
a snap...pants  
some Velcro...shoes  
fasteners...clothes



## Reminders...

---

---

---

---

---

---

---

---

---

---

## Connect with Us!

